

- **What is an outbreak and what does it mean for NWT schools?**

While “outbreak” may sound scary, in a school setting it means that two or more people developed COVID-19 within a 14-day period. Therefore, one person got COVID-19 from another person at school or during school activities. An outbreak doesn’t mean schools need to close. It does mean public health is keeping on close eye on things though. Visit the [JK-12 FAQ\\*](#) for additional information.

- **Not sure where to get NWT school information related to COVID-19?**

- Start by visiting our online information at: [JK-12 FAQ\\*](#)
- If your child received a letter from Public Health through their school, follow all the steps identified in the letter closely.
- If you have a child in after-care there is a chance you may receive two letters. Follow the one that is most strict.
- If you did not receive a letter, follow the guidance on the [Public Exposure Notifications\\*\\*](#) if your school is listed.
- If still want answers, use the [Self-isolation, isolation and testing navigation tool\\*\\*\\*](#) anytime!

- **Whether you are learning remotely or returning to the classroom, we know that there are a lot of mixed emotions when it comes to school during a pandemic.**

Take time for your mental wellness and reach out when you need support.

- Talk to your Child and Youth Care Counsellor in your school
- Call the NWT Help Line 1-800-661-0844
- Call the Kid’s Help Phone 1-800-668-6868 or go to [www.kidshelpphone.ca](http://www.kidshelpphone.ca)
- Visit BreathingRoom <https://app.breathingroom.me/register?code=XXQTGPUE>

- **Returning to the classroom? Remember to follow healthy habits**

- Stay home if you are feeling unwell
- Continue to use the [daily screening tool\\*\\*\\*\\*](#)
- Wear a mask in all school settings, including on school buses
- Wash and sanitize your hands regularly
- Visit the [JK-12 FAQ\\*](#) for additional information.

Learn why health habits work by doing the [healthy habits safety net quiz!\\*\\*\\*\\*\\*](#)

- **Returning to the classroom? Remember that masks are mandatory in all school settings and on school buses**

While cloth masks are acceptable, it is encouraged that staff and students wear disposable, 3-ply masks when possible. Good masks are those that fit closely to the face.

The Public Health Agency of Canada provides advice for masking in community: COVID-19 mask use: Advice for community settings - Canada.ca(link is external)

Links:

\* JK-12 FAQ - <https://www.gov.nt.ca/covid-19/en/questions-and-answers>

\*\* Public Exposure Notifications - <https://www.gov.nt.ca/covid-19/en/questions-and-answers>

\*\*\* Self-isolation, isolation and testing navigation tool - <https://form.jotform.com/220104262304235>

\*\*\*\* Daily Screening Tool - <https://www.gov.nt.ca/covid-19/en/daily-symptom-screening-tool-students-school-staff-and-early-childhood-care-workers>

\*\*\*\*\* Healthy habits safety net quiz! - <https://www.gov.nt.ca/covid-19/en/set-your-safety-nets>